Breast Cancer Support Gibraltar

WHEN SHOULD I BOOK MY MAMMOGRAM

Knowing when to book is an important part of taking care of your breast health.

WHEN YOU ARE DUE FOR SCREENING

If you're invited for routine breast screening, make sure you book your mammogram and attend your appointment.

Screening can help detect changes early, often before you notice any symptoms.



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WHEN YOU NOTICE A CHANGE

Don't wait for your next routine screening if you notice a new or unusual change in your breasts.

Speak to a healthcare professional as soon as possible.



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WHEN YOU ARE AT A HIGHER RISK

Some people may need breast screening earlier or more often because of their personal or family history.

If you're unsure about your risk, speak to your healthcare professional about what screening is right for you.



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IF YOU ARE NOT SURE... ASK

Not sure whether it's time to book? **Ask.**
Speaking to a healthcare professional can help you understand when screening is recommended for you.



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DON'T WAIT FOR CERTAINTY BOOK YOUR MAMMO

IT COULD MAKE ALL THE DIFFERENCE.



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